



**WAYNE COUNTY PUBLIC SCHOOLS**

**BREAKFAST & LUNCH MENUS**

**OCTOBER 2011**

<p><b>Cinnamon Bun Crunch Mania 3</b></p> <p>Baked Chick Filet on a Bun <b>or</b> Soft Taco w/Cheese &amp; Salsa</p> <p>Corn Niblets Refried Beans Applesauce Shredded Lettuce w/Diced Tomatoes</p>	<p><b>Sausage Biscuit 4</b></p> <p>Cheese Pizza <b>or</b> Ham Sandwich</p> <p>Steamed Broccoli Corn on the Cob Mixed Fruit Fresh Apple</p> <p><b>BIRTHDAY CAKE</b> </p>	<p><b>Banana Muffin 5</b></p> <p>Cheeseburger on a Bun <b>or</b> Turkey Sandwich</p> <p>Baked Potato Rounds Green Beans Diced Pears Banana</p>	<p><b>Sausage Breakfast Pizza 6</b></p> <p>Baked Chicken Nuggets w/Roll <b>or</b> Mac &amp; Cheese w/Roll</p> <p>Mashed Potatoes w/Gravy Turnip Greens Boxed Raisins Orange</p>	<p><b>Apple Frudel 7</b></p> <p>Barbecue on a Bun <b>or</b> Hot Dog on a Bun w/Chili</p> <p>Baked Beans Garden Peas Peaches Coleslaw</p>
<p><b>Orange Muffin 10</b></p> <p>Beef-a-Roni w/Whole Wheat Bread Stick <b>or</b> Baked Chick Filet on a Bun</p> <p>Corn on the Cob Baked Apples Diced Pears Garden Salad</p>	<p><b>Blueberry Snack'n Waffle 11</b></p> <p>Ranchero Sausage Pizza <b>or</b> Chicken Fajita w/Cheese &amp; Salsa</p> <p>Pinto Beans Corn Niblets Mixed Fruit Shredded Lettuce w/Diced Tomatoes</p> <p><b>"NATIONAL</b></p>	<p><b>Chicken Biscuit 12</b></p> <p>Cheeseburger on a Bun <b>or</b> Turkey Sandwich</p> <p>Oven Fries Garden Peas Baby Carrots w/Ranch Dip Banana</p> <p><b>SCHOOL LUNCH WEEK"</b></p>	<p><b>Cinnamon Bun 13</b></p> <p>Baked Chicken w/Rice, Gravy, &amp; Roll <b>or</b> Hot Dog on a Bun w/Chili</p> <p>Green Beans <b>MAKEUP</b> Baked Sweet Potato <b>DAY</b> Applesauce <b>WEMCH &amp;</b> Orange <b>WSE SCHOOLS</b></p>	<p><b>Sausage Breakfast Pizza 14</b></p> <p>Baked Chicken Nuggets w/Roll <b>or</b> Ham &amp; Cheese on a Bun</p> <p>Mashed Potatoes w/Gravy Steamed Cabbage Boxed Raisins Fresh Apple</p>
<p><b>Blueberry Muffin 17</b></p> <p>Spaghetti w/Meat Sauce &amp; Whole Wheat Bread Stick <b>or</b> Baked Pork Chop on a Bun</p> <p>Corn Niblets Blackeye Peas Mixed Fruit Garden Salad</p>	<p><b>Sausage Biscuit 18</b></p> <p>Pepperoni Pizza <b>or</b> Chicken Salad w/2 Packs of Crackers</p> <p>Steamed Broccoli Pinto Beans Peaches Baby Carrots w/Ranch Dip</p>	<p><b>Cinnamon Bun Crunch Mania 19</b></p> <p>Hamburger on a Bun <b>or</b> Turkey Sandwich</p> <p>Baked Potato Rounds Corn on the Cob Boxed Raisins Banana</p> <p><b>EARLY DISMISSAL</b></p> <p><b>CHEEZ-ITS</b></p>	<p><b>Sausage Breakfast Pizza 20</b></p> <p>Baked Chick Filet on a Bun <b>or</b> Mac &amp; Cheese w/Roll</p> <p>Sweet Potatoes Green Beans Diced Pears Orange</p>	<p><b>Apple Frudel 21</b></p> <p>Barbecue on a Bun <b>or</b> Hot Dog on a Bun w/Chili</p> <p>Baked Beans Garden Peas Applesauce Coleslaw</p>
<p><b>Apple Muffin 24</b></p> <p>One Stuffed Crust Bread Stick w/Meat Sauce <b>or</b> Baked Chick Filet on a Bun</p> <p>Green Beans Steamed Carrots Mixed Fruit Fresh Apple</p>	<p><b>Chicken Biscuit 25</b></p> <p>Baked Corn Dog Nuggets <b>or</b> Beef Nachos w/Cheese &amp; Salsa</p> <p>Pinto Beans California Vegetable Blend Diced Pears Shredded Lettuce &amp; Diced Tomatoes</p>	<p><b>Cinnamon Bun 26</b></p> <p>Cheeseburger on a Bun <b>or</b> Turkey Sandwich</p> <p>Oven Fries Garden Peas Peaches Banana</p>	<p><b>Sausage Breakfast Pizza 27</b></p> <p>Barbecue Chicken w/Roll <b>or</b> Hot Dog on a Bun w/Chili</p> <p>Baby Whole Potatoes Corn Niblets Applesauce Coleslaw</p>	<p><b>Blueberry Snack'n Waffle 28</b></p> <p>Mac &amp; Cheese w/Roll <b>or</b> Baked Pork Chop on a Bun</p> <p>Baby Lima Beans <b>MAKEUP</b> Sweet Potatoes <b>DAY</b> Boxed Raisins <b>(Traditional Sch.,</b> Fresh Apple <b>GHS and DM)</b></p>
<p><b>Cinnamon Bun Crunch Mania 31</b></p> <p>Baked Chick Filet on a Bun <b>or</b> Soft Taco w/Cheese &amp; Salsa</p> <p>Corn Niblets Refried Beans Applesauce Shredded Lettuce w/Diced Tomatoes</p>	<p><b>MENU PRICES</b></p> <p><b>BREAKFAST - K-12 1.25</b> <b>BREAKFAST - REDUCED .30</b> <b>LUNCH - K-12 2.00</b> <b>LUNCH - REDUCED .40</b></p> <p><b>ALL ADULT MEALS ARE A'LA CARTE PRICES ONLY</b></p>	<p><b>Chef Salads</b> will be offered weekly at Middle and High Schools on Wednesdays and Thursdays.</p> <p>For information regarding online meal payments or prepayments, please visit <a href="http://www.LunchPrepay.com">www.LunchPrepay.com</a></p>	<p>Skim Chocolate, Skim Unflavored, and 1% Unflavored Milk choices will be offered daily.</p> <p>Juice and/or fruit will be offered daily at Breakfast.</p> <p><b>MENU ITEMS ARE SUBJECT TO AVAILABILITY.</b></p>	

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, gender (male or female), age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.